

## What are the Akashic Records?

The Akashic Records are like a supercomputer holding all the information for the universe. Including all universal events, thoughts, words, emotions, and intent ever to have occurred in the past, present, or future in terms of all entities and life forms, not just human.

In my experience within the Akashic Records over many years, I witnessed and experienced radical transformation based on the information presented by both mine and my clients guides, masters, teachers, and loved ones. Most of the time we as humans walk the Earth trying to make it through in a veil of confusion, frustration, exhaustion, etc. We are typically curious by nature and try to understand or figure out what is happening to us or within us and why. Everything that contains energy has its own Records.

Anyone can access their own Records, just like everyone is psychic. The Records are accessed in a high vibrational state using natural and/ practiced psychic ability. The method for opening the Records is dependent on the individual who is gaining access.

The main facet of these Readings for yourself or others is the questions you ask. It is important to know exactly what information you wish to extract as the Records are infinite information. The more exact in your question the more clarifying the answer you will receive. This is not to say you may not access the Records without exact questions. I have done so many times for both myself and my clients without clear questions, but the information gained is typically more in the vein of general guidance instead of specific guidance and answers. I have included sample questions at the bottom of this page to help you form your own questions. You will also receive them upon booking.

## What can we do in the records?

A few things to be gained from a reading inside the Akashic Records are but not nearly limited to...

- Guidance for your Life Experience
  - Decisions to be made
  - Future paths and possibilities
  - Discovering and healing blocks/resistance
  - Uncovering Karmic patterns and how to release or learn from them.
- Past Lives
  - What energies of the past are helping or holding you back.
  - Healing past life trauma/cycles
  - Discovering the energy in past lives of your soul's purpose/mission
- Soul's Mission
  - What your soul most desires to accomplish
  - What talents or natural abilities you hold
  - What types of Career paths would be most satisfying to you.
- Soulmate Cord Connections

- The purpose of a strong (positive or negative feeling) connection
- Who were you to each other in past lives?
- What you can do to help the connection be more harmonious.
- Healing current or past life traumas

## Sample Questions for your Session

- How are my past lives influencing this life?
- What is my life purpose?
- I am trying to decide between two or more things/people/careers in my life. What clarity can my guides offer to help me decide?
- What are my strongest psychic abilities?
- How can I connect with my guides?
- Do I have any limiting beliefs or blocks?
- How can I overcome these limiting beliefs and/or blocks?
- Is there a past life that I can connect with for strength, confidence, and empowerment?
- Why do I have (insert trigger response) trigger? How can I overcome that?
- What is the purpose of my connection with (insert name)? What does our soulmate cord look like/mean? Have we had any past lives together?
- Why is my relationship with (insert name) so difficult?
- Why do I always have a lack of money?
- Why do I always feel that I have to please others?
- Why does everything I do have to be perfect? And why do I resent others for not having the same ideal as me?
- Why do I value other people's opinions of me over my own?
- Why do I have low self-worth?
- What is the greatest pattern of self-sabotage in my life?